



good things **maisey mae™** for little people

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MAISEY MAE PRESS ROOM

PRESS & REVIEWS:
Parents & Kids, July 2009
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PK PICKS

Love Handles

Exercise attachment for your stroller

Brilliant! Taking baby for a walk in her stroller just became more productive. This first-of-its-kind exercise attachment for your stroller gives you a full cardio workout. We saw it in action at a recent baby expo and for those parents who can't find the time to exercise, here's the perfect way to do it. Attaches to all strollers and was recently featured on Rags & Kelly!

Did you know?

- Pushing a 1-year-old in a stroller burns 20 percent more calories in a 30-minute walk, up to 220 calories.
- Power walking (pumping arms) for 30 minutes burns 300-400 calories. (www.lovehandlesinc.com)

Almost

Tale for any child who can't wait to be big

BY RICHARD TORREY

Jack is almost 6-year-old -- which is sort of big but not quite big enough to ride a bike, or wear big clothes or hang out with the big kids. It can be a frustrating time (I know, I have a 6-year-old at home!). You and your child will love this feel good story with colorful illustrations.

(\$17.99, www.harpercollinschildren.com)

Larry the Lobster burp cloth

BY MAISEY MAE DESIGNS

For moms, everything has become stylish. Even burp cloths. Take this Larry the Lobster burp cloth by Maisey Mae Designs based in Maine. Michelle Whitsey, founder, wasn't impressed with the quality or appearance of burp cloths and decided to start her own line. This summer collection includes Brilliant Blue Sailboat, VW Bug, Butterfly Bess, Rubber Ducky and more. You can have baby's name embroidered on it, too.

(\$14 each, \$40 for gift set, www.maiseymae.com)

OUTDOOR ACTIVITIES AND PROJECTS TO GET YOU AND YOUR KIDS CLOSER TO NATURE

Let's Go Outside!

BY JENNIFER WARD

It's hard to motivate a preteen to be the computer for a little outdoor time. A book that focuses on endless outdoor play. From Capture the Flag experiments, having a picnic or even homework outdoors to outdoor activities like canoeing or biking, Jennifer Ward you every reason to soak up the sun. It's the stuff all of us will remember from our own childhood. Here's your chance to ensure it doesn't stop in this generation. Includes environmental experiments, too.

Outdoor Dining

Lay down a blanket and picnic with your kids outside. For an added element of fun, make your own picnic blanket with your own nature items.

What you'll need:

- Large piece of light-colored fabric
- A bunch of cellophane
- Items from nature (grass, twigs, leaves)
- Fabric paint
- Paper plates

Squirt paint colors onto the paper plates and use your nature items to create shapes.

(\$12.99, www.jenniferwardbooks.com)